

COME IN
AND HAVE
SOME FUN!



It's cold outside, but that doesn't mean you can't have some fun. Whether you are home with your family or in the hospital or stuck inside anywhere, use your imagination and have a bit of warm, cozy indoor fun!



Indoor Scavenger Hunt

A scavenger hunt at home, be the first to find everything on the list. What will your prize be?

☐ TOY TRUCK OR CAR

☐ CANDY

☐ SOAP

☐ HAIRBRUSH

☐ SALT & PEPPER

☐ BALL

☐ KEYS

☐ NAPKIN

☐ TOILET PAPER

☐ COIN

☐ BLANKET

☐ ROCK

☐ ICE CUBE

☐ CAN OF BEANS

☐ PASTA

☐ BOOK

☐ SHOES

☐ PHOTO



Hospital Room Scavenger Hunt

*A scavenger hunt you can play even if you're stuck in
the hospital. Find everything on the list.*

☐ CLOCK

☐ HAND SANITIZER

☐ SOAP

☐ JUICE

☐ TV REMOTE

☐ THERMOMETER

☐ KEYS

☐ TOWEL

☐ TOILET PAPER

☐ NURSE

☐ BLANKET

☐ WATER BOTTLE

☐ SHOES

☐ WALL ART

☐ PHONE

☐ BOOK

☐ SHOES

☐ FLOWERS



Indoor Camping

Here are some of the supplies you need:

BLANKETS AND SHEETS

PILLOWS

CHAIRS

SOFA

STICKS

FLASHLIGHT

SNACKS

CANTEEN OR WATER BOTTLE

SLEEPING BAG

SOUND MACHINE (OR YOUTUBE)



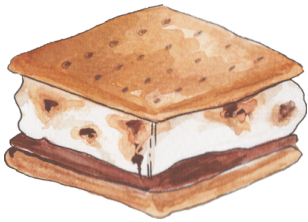
How to camp inside:



Build a tent (also known as "fort"). Use your living room furniture. A couch and some chairs with blankets and sheets over them create a good tent the whole family can get inside for a good night's sleep.



Make a campfire! Use sticks from outside or even real fire logs. Place them in a neat pile and pretend you have a cozy fire. An alternative is to use your fireplace inside the house.



Make S'mores! You can melt chocolate and marshmallows in the microwave and enjoy your yummy S'mores by your pretend campfire.



Grab some flashlights and turn off the lights. Tell stories in your tent with only the light of your flashlight.



Get a good night's sleep in your tent and you'll be ready for some yummy pancakes for breakfast in the morning.

***TIP:** If you have a sound machine, set it to play forest sounds or crickets or even flowing water. If you don't have one, turn to YouTube and find a camping channel or lake view and listen as you play games or sing songs with your family. And be sure to make up some fun stories and write them down so you'll always remember.

DANCE!

Turn on some lively music and have a family dance party. If you are in the hospital, did you know you can dance in your bed? Just turn on the music and move to the beat. And tell your nurse to dance too. Dancing makes hearts happy.



Trick or Treat



It doesn't have to be October 31 to get dressed in a costume and have some candy. You can do that any time of year!

STEPS TO HAVING A TRICK OR TREAT COSTUME PARTY AT HOME:



1. Get dressed up in your costume and get the whole family to wear a costume.
2. Take turns doing some "trick or treating". Pass out candy from your bedrooms, knocking on the doors and pretending you're out in the neighborhood.
3. Give out prizes for the best costume.
4. Make some cookies together.
5. Watch fun movies (still wearing your costume).
6. Tell "ghost stories".
7. Color fun Halloween pictures and frame them to hang on the wall.





Go to the MOVIES!

Pick a movie. Put out some blankets and pillows on the floor. Grab some popcorn and candy. Put on your pajamas and watch some good movies.

PICNIC

The best part of an indoor picnic is that there won't be any ants trying to steal your food.

Put a blanket down in the living room. Turn your YouTube app on and find a lovely park scene. Or maybe you want to picnic in the mountains or by a big lake or on a beach in Hawaii. Or, what about being the first family to ever have a picnic on Mars? Find a fun scene and use your imagination. Being inside doesn't mean you can't pretend to be anywhere you want.

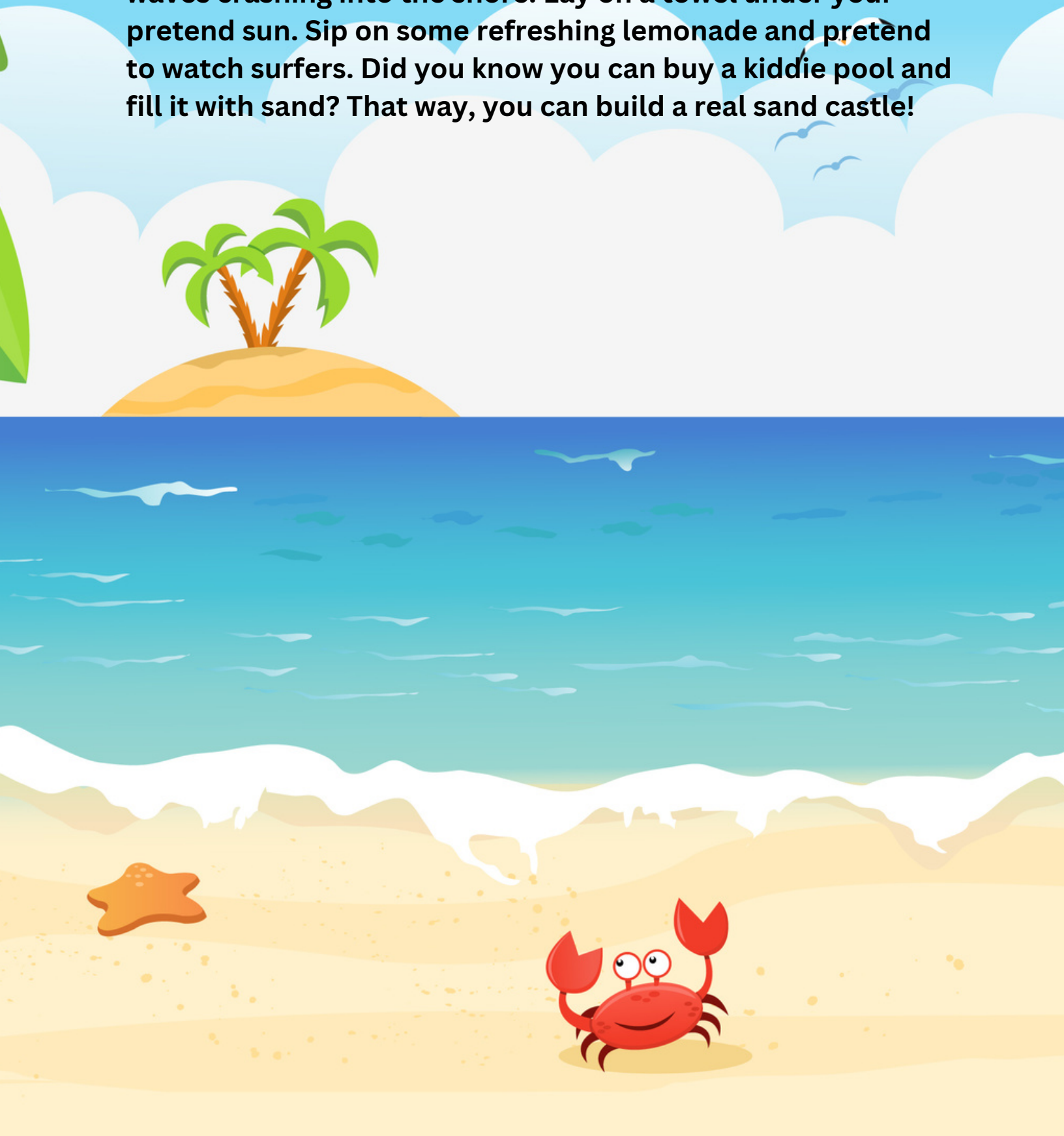
Having your picnic in France? Make some French food!
Having your picnic in Mexico? Make some tacos!

The important thing is that you're with people you love enjoying some yummy food.



The Beach

Turn that sound machine on and listen to the sounds of the waves crashing into the shore. Lay on a towel under your pretend sun. Sip on some refreshing lemonade and pretend to watch surfers. Did you know you can buy a kiddie pool and fill it with sand? That way, you can build a real sand castle!



Sports

Turn on a sports event and pretend that you are in the stands at the game cheering for your favorite team. Don't forget to make your favorite snacks. Go Team!



Travel

Make a pretend passport and travel around the world. Be sure to get some "stamps" in that passport as you go. And while you're visiting each country, go to Google and learn some cool facts about those places.

What foods do they eat? What language do they speak and can you say a few words in that language? Watch some videos of these cool places. How many countries can you visit in one day on this trip? Are you traveling by plane or train or boat? Are you visiting every continent? What is the weather like in each place?

Be sure to write in a journal about every country you visited. And take a few photos from each country too. Are you in a swim suit on the beach or in a coat in the mountains?

Safe travels!



Game Night

It's a classic - family game night. Board games should never go out of style. Find some games the whole family can play together. Put your electronics away and enjoy some old-fashioned family games.



Cooking

Get the whole family together to look up some recipes. Have Mom or Dad go to the store and get all of the ingredients and then have some fun making delicious food together in the kitchen. Food somehow tastes so much better when you have made it yourself. Plus, cooking is fun and a great skill for everyone. Bon Appétit!

